

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Deidre Prinsloo

Has successfully participated & completed the

7km Women Rock - Trail Run presented by Navworld

held at Ingaadi Spa.

**TIME** 01:14:16

**PACE** 10:36/km

OVERALL 95 of 204

**GENDER** 73 of 161

40 - 49 10 of 31

28 August 2016, Sun

Date

